

72nd Annual Block Island Race Friday, May 26, 2017

The Block Island Race is a qualifying race for the Northern Ocean Racing Trophy, the Double Handed Ocean Racing Trophy, the New England Lighthouse Series, the Gulf Stream Series, and a qualifier for the YRA of LIS Spring Series, DeCoursey Fales and Windigo Trophies, and "The Tuna Trophy."

The Storm Trysail Club is the Organizing Authority for the Block Island Race. The Storm Trysail Club thanks the Flag officers and the members of the Stamford Yacht Club for the use of their facilities and their cooperation and hospitality.

SAILING INSTRUCTIONS

- 1. **Rules:** The Block Island Race shall be governed as follows:
- 1.1) By the rules as defined by The Racing Rules of Sailing 2017-2020 ("rules"), including the US SAILING Prescriptions to the rules. The following rules are changed:
 - 17 with the addition of: From sunset to sunrise, when two boats are on the same tack within three overall lengths (of the larger boat) of each other, the boat being overtaken shall maintain her proper course. The overtaking boat shall keep clear, and neither boat shall bear away toward, nor luff, the other.
 - 41 to allow the double-handed classes to communicate amongst themselves
 - 51 to allow the use of canting keels for all boats rated with them
 - 52 to allow the use of stored power to mechanically move canting keels, and for the Doublehanded classes to use wind vanes and/or autopilots.
 - 61.1 see SI 14 Protests & Requests for Redress
 - 62.1(a) see SI 9 Recalls (also changes rules 28, 63.1, A4 and A5)
 - 64.1 see SI 11
- 1.2) The current PHRF Regulations as administered by the YRA of Long Island Sound (YRA-LIS).
- 1.3) The current YRA of LIS Minimum Equipment and Safety Recommendations-Category A (see NOR 1.4 and 14.)
- 1.4) The current IRC Regulations Parts A, B & C. IRC boats equipped and rated with water ballast and/or canting keel may use same. This modifies rule 51.
 - 1.4.1) In accordance with IRC Rule 11.2, without an increase in rating, a boat may carry one more spinnaker than shown on her current certificate, if of area not greater than rated SPA.
 - 1.4.2) The number of crew allowed shall be the number stated on the certificate plus one.
- 1.5) The New England Multihull Association (NEMA) RACE RULES 2017 (www.nemasail.org)
- 1.6) The 2017 High Performance Racing Rule
- 2 Notices to Competitors: All notices will be made on the YachtScoring website (www.yachtscoring.com)
 Notice Board and emailed to all entrants.

3. Changes to Sailing Instructions: Changes and/or additions to the Sailing Instructions shall be posted on the Notice Board on the YachtScoring website by 1000 on the day of the race. Changes to the scheduled start time will be posted by 0800 on the day of the race.

4. Signals Made Ashore:

- 4.1 In the event that changes and/or additions have been made to the Sailing Instructions, International Code Flag "L" will be hoisted on the Shore Station (main flagpole) of the Stamford Yacht Club at least four hours prior to the warning signal. Any such changes **will not** be available on the water. (see SI 2)
- 4.2 In the event weather conditions are such that the race cannot be started at a reasonable hour, the Start will be postponed, by the display of International Code Pennant "AP" over International Code Flag "A" and two sound signals. The Warning for the first class will be Saturday at 0855.

5. Class Flags

- 5.1 Classes shall be established and identified by numeral pennants.
- 5.2 Class assignments will be made by the race committee and shall appear on the Scratch Sheets.
- 5.3 Class flags shall be flown from the backstay from the time a boat enters the general starting area until she has finished.

6. Courses and Marks:

- 6.1 The courses are as follows:
 - (1) Boats will sail from the Start; leave Block Island to starboard, to the Finish, leaving Red Bell "32" (The Cows) and Red Nun 2 to starboard. Course distance is 186 NM. The following Government Marks shall be considered marks of the course and left to Starboard:
 - (a) "1 BI" off North Reef, Block Island
 - (b) Flashing Red BELL "32" (The Cows)
 - (c) Red Nun "2"

(2) Short Course:

Boats shall sail from the Start; leave the Red & White Whistle "PI" (Plum Island) to starboard, and to the Finish. Course distance is 125 NM. The following Government Marks shall be considered marks of the course and left to Starboard:

- (a) Flashing Red BELL "32" (The Cows)
- (b) Red Nun "2"

(3) Reverse Course:

A Reverse Course (code flag "R") shall be from the Start out to and around Block Island in an ANTI-CLOCKWISE direction, thence to the Finish: Block Island and "1BI" shall be left to Port. Should Course "R" be signaled, it will be announced before each Warning Signal.

- (4) All other Government Marks may be disregarded at the discretion of the Captain.
- 6.2 At the discretion of the Race Committee, a SHORT COURSE (code flag "C") may be signaled. Should Course "C" be signaled, it will be announced before each Warning Signal.
- 7. Check-in: Before its class warning, boats are requested to check-in by sailing in the vicinity of the signal vessel and declare their intention to start. Boats shall NOT check-in by radio.

8. The Start:

- 8.1 Starting Signals shall be in accordance with rule 26 with classes starting at ten-minute intervals after the first start and in the order indicated on the top of the Scratch Sheet.
- 8.2 The Starting Line shall be between Flashing Red BELL "32" (The Cows) off Stamford Harbor, and an orange Flag displayed from a staff on the Signal Vessel.

- 8.3 The Starting Area shall extend along the Starting Line and 100 yards westerly thereof. Boats not starting shall keep clear of the Starting Area.
- 8.3 A boat shall not start later than 15 minutes after her starting signal.

9. Recalls:

- 9.1 In the event of an Individual Recall, infringing boats may be recalled by name or sail number over VHF channel 05A may announce OCS boats over VHF Channel 05A. Failure of an OCS boat to hear a recall announcement or failure of the RC to make such an announcement shall not be grounds for redress. This changes rule 62.1(a)
- 9.2 A boat that is OCS and does not restart shall, without a hearing, have thirty minutes added to her elapsed time. For the purposes of rules 28, A4, and A5, a boat so penalized shall be considered to have started properly. This changes rules 28, 63.1, A4 and A5.

10. The Finish:

- 10.1 The Finish Line will be at the Stamford Harbor entrance between the flashing green beacon on the West breakwater and a staff displaying an orange flag on a committee vessel anchored northerly of the East breakwater. If no Committee Boat is on station at the Finish, each boat shall record the time after she crosses a line between the beacons on the East and West breakwaters at the entrance to Stamford Harbor and when the flashing green beacon on the West breakwater bears 260° magnetic. This time, together with her best estimate of the finish times and sail numbers of the boats immediately preceding and following, must be reported to the STC office at 914-834-8857.
- 10.2 Boats approaching the Finish are requested to notify the race committee on VHF Channel 05A after rounding Flashing Red Bell "32" (The Cows). When finishing in darkness, to be sure identity has been properly established, each boat shall illuminate her sail numbers and verify identity with the race.

11. Penalty System:

- 11.1 Rule 44 shall not apply for breaches of rules of Part 2.
- 11.2 The penalty for breaking a rule is at the discretion of the protest committee. The protest committee may penalize a boat by disqualifying her, adding time to her elapsed time, or by adding points to her race score. This changes rule 64.1.
- 12. Time Limit: None
- **13. Retirement:** Any boat withdrawing from the race shall break out her ensign and lower her class flag. At the first opportunity, she **SHALL** report her withdrawal to the race committee on VHF Channel 05A or by telephoning 203-912-8858.

14. Protests & Requests for Redress:

- 14.1 A boat protesting another shall display a Protest Flag above her class flag. Upon finishing, she shall notify the RC of her intention to file a protest. This modifies rule 61.1.
- 14.2 Protests shall be filed at the Dockhouse at the Stamford Yacht Club within four hours of the protestor's finish time or by 0900 for boats finishing between 2200 and 0500.
- 14.3 Notices will be posted no later than 30 minutes after a protest is filed and the protest committee will attempt to notify the parties by telephone.
- 14.4 Protest hearings will be held at the Stamford Yacht Club at a time to be determined and mutually acceptable to the parties involved.

15. Scoring:

- 15.1 In classes sailing in PHRF rating system, corrected times will be calculated using PHRF Time-on-Time scoring. A boat's corrected time will be her elapsed time multiplied by (650/(550+YRALIS PHRF Rating))
- 15.2 Other handicap classes will be scored in accordance with their handicap system rating and formulas.

16. Radio Communication:

- 16.1 It is the intention of the Race Committee to use and monitor VHF Channel 05A. All boats are urged to keep their radios ON and audible during the starting sequence, and monitor VHF Channel 16 for the duration of the race.
- 16.2 Other than as described in these instructions, a boat shall neither make nor receive wireless communications not simultaneously available free of charge to all boats.
- 17. Safety Regulations: In order to ensure that safety requirements are being, or were, met, it is recommended that all boats check in with the Race Committee by sailing in proximity thereto and with storm jib and either double-reefed main or storm trysail flying. All boats are strongly encouraged to follow the STC Safety Guidelines and the Guidelines for Rendering Assistance. These guidelines are available on the Storm Trysail website: (stormtrysail.org/safety-assistance-guidelines), a copy of which shall be kept aboard while racing. The Organizing Authority may make random inspections of boats at any time prior to the awarding of prizes.
- **18. Prizes and Reception:** A reception and awards gathering is scheduled for 1700 on Sunday, May 28th at the Stamford Yacht Club. All skippers, crew and guests are invited. Dress is nice casual, there is no fee. Skippers are requested to advise Stamford YC (203-323-3161) of the number of people they intend to include.

19. Disclaimer of Liability:

Competitors participate entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the race.

PLEASE ADDRESS ALL CORRESPONDENCE TO: THE STORM TRYSAIL CLUB, 1 WOODBINE AVENUE LARCHMONT, NEW YORK 10538 TEL: 914-834-8857 FAX: 914-834-6484

Email: Fleetcaptain@Stormtrysail.org - Website: http://Stormtrysail.org